

Donate blood.

The need is real.

Blood is a special gift that each of us holds. By sharing it, you can give someone another chance at life.

When you donate blood, you become an active part of healthcare in your community. Chances are you or someone you know will need blood someday and, by making the commitment to donate blood regularly, you help ensure it is available for patients in need.

Blood is vital to modern medicine. It is used every day to treat patients with blood disorders, those receiving organ transplants, being treated for burns or undergoing cancer treatment, just to name a few. And it can only come from healthy, volunteer blood donors.

What to expect at your donation:

1. **Sign in** and read the information provided.
2. **Red Cross staff will check** your blood pressure, iron level, pulse and temperature and ask you to answer some health questions.
3. **Begin the donation process** by sitting back and relaxing while a staff member cleans your arm. It only takes about 8 to 10 minutes. The entire process from registration to refreshment lasts about an hour.
4. **Enjoy juice and cookies** in our refreshment area and think about the difference you've made.
5. **Sign up** for your next appointment.

The time is now.

To donate blood you must:

- Be in general good health.
- Be at least 17 years old in most states, or 16 years old with signed parental consent form, if allowed by state law.
- Bring a donor card, driver's license or two other forms of ID.
- Weigh at least 110 pounds. (Additional weight requirements apply for donors 18 years old and younger and all high school donors.)

Before your donation appointment:

- Maintain a healthy iron level in your diet by eating iron rich foods, such as red meat, fish, poultry, beans, spinach, iron-fortified cereals and raisins.
- Get a good night's sleep.
- Drink an extra 16 oz. of water or nonalcoholic fluids before the donation.
- Eat a healthy meal before your donation. Avoid fatty foods, such as hamburgers, fries or ice cream before donating. (If there is too much fat in your blood, your donation cannot be tested for infectious diseases and the blood will not be used for transfusion.)

You can help.

We invite you to help save lives.

Please call **1-800-733-2767** or visit **redcrossblood.org** for more information or to schedule your appointment today!

What happens to your blood:

1. Your blood is transported to a Red Cross laboratory.
2. The blood is separated into its different components and undergoes a variety of tests to ensure it's as safe as possible.



3. After testing, your blood is shipped to a Red Cross distribution center.
4. Blood is shipped where it is needed, when it is needed. Red Cross staff accept and process orders **24/7/365**.
5. A patient is transfused with your blood. You've just helped save a life!



Logre lo máximo con su donación de sangre. Ayude a más pacientes.

Donación Doble de Glóbulos Rojos

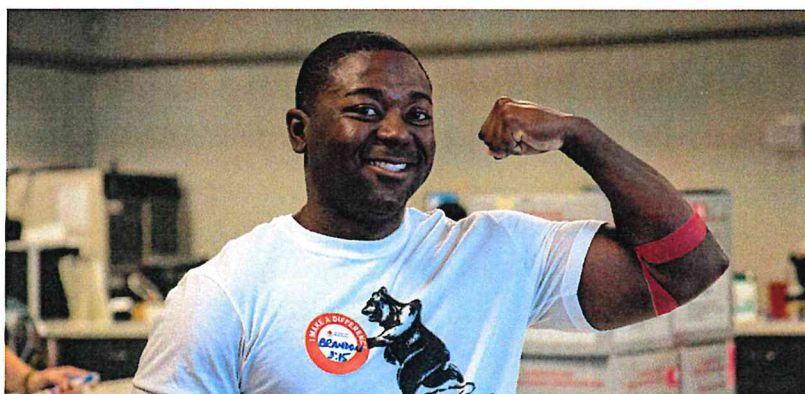
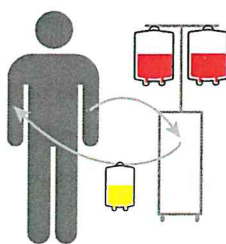


Cruz Roja
Americana

Los glóbulos rojos forman parte del componente sanguíneo que más se utiliza en transfusiones, y por lo tanto, el más necesario. Son esenciales para los pacientes en hospitales dado que transportan oxígeno por todo el cuerpo. Done glóbulos rojos y podrá ayudar a más pacientes.

Donación Doble de Glóbulos Rojos

Durante una donación doble de glóbulos rojos se extrae una dosis concentrada de los mismos. Esta es la parte de la sangre más común utilizada para los que necesitan transfusiones como parte de su cuidado médico. Este tipo de donación utiliza un proceso automatizado que separa los glóbulos rojos de otros componentes de la sangre. Luego, de forma cómoda y segura se devuelve las plaquetas y plasma al donante. Estos glóbulos rojos ayudan a pacientes de cirugía, pacientes con



lesiones graves, aquellos que se someten a trasplantes de órganos, las mujeres con complicaciones del parto y personas con anemia.

Ayude a más pacientes con una cita programada. Durante una donación doble de glóbulos rojos, el donante proporciona una mayor cantidad de glóbulos rojos que durante una donación de sangre tradicional.

Logre un impacto máximo. Con solo un poco de tiempo extra en su cita, usted aumenta su impacto a los pacientes que más lo necesitan.

Una experiencia cómoda. Muchos donantes prefieren la experiencia de una donación doble de glóbulos rojos. Esta, requiere una aguja más pequeña y se devuelve el resto de los componentes sanguíneos al donante durante el proceso de donación.

Información importante para el donante:

- Urgimos a donantes de los siguientes tipos a donar glóbulos rojos: O negativo, O positivo, A o B negativo.
- A donantes quienes sean A o B positivo se les urge donar sangre a través del método tradicional, dado a que se necesita plasma de estos tipos de sangre.
- Donantes de glóbulos rojos doble pueden donar cada 112 días, lo que es diferente a la donación tradicional que es cada 56 días.
- Recomendamos que las mujeres esperen hasta los 19 años o más para hacer una donación doble de glóbulos rojos.
- Además de cumplir con los requisitos de donación de sangre estándar, los siguientes requisitos son necesarios para los interesados que desean hacer una donación doble de glóbulos rojos.

Requerimientos para hacer una donación Doble de Glóbulos Rojos

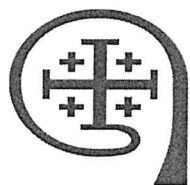
	Damas	Caballeros
Altura Mínima	5'5"	5'1"
Peso Mínimo	150 Libras	130 Libras

Para más información o para hacer una cita, llame al 1-866-POR-VIDA (1-866-767-8432) o visite RedCrossBlood.org/GiveMore.

Please help us keep this updated.

THE PRAYER LIST: Please pray for the physical and spiritual well-being of parishioners and friends: Mary Ann Kinnally, Bob Dorsett, Lynn Olson, Kenny Messemer, John Evans, Stephanie Woods, Jim Besaw, Sharon Vereb, Alexis Kirt, Michael Palumbo, Danny Brown, LaVerne Sadowski, Virginia Lamb, Nancy Conway, Billy Ray Hughes, Sr., Mary Dickerson, Bill Freeman, Lola, Kathleen McGinnis, Joyce Delp, Deborah Garofolo, Charlie Prasad, Mindy Tanner, Linda Buckles, John Higgins, Robert Campbell, Maureen Florio, Helen Alston, George Scerba, Francis Ringkamp, Francesca Moneo, Barbara Rivera, Pat Derrickson, Jane McDonough, Doug Soles, Hannah Dugan, Gloria Hansberger, Noreen Dixon, Teresa Powers, Jim Then, Rose Kepler, Pam Bosselait, Sean Hayes, June Berube, Mark and Cheryl Lauer, Susan Rogers, Denise Discullo, Nicole Cadavid, Kevin Monahan, Laura Marshall, Priscilla Sibley, Briana Evens DiScuillo, Mark Urban, Roger Mason, Gary Neverick, Charles Hayes, Kathy Linde, Heather Shivo, Jean Mauger, Chelsea Avable, Daniel Aiden Richardson, Irene, Kelsy Palmer, Bridie Healy, Sam and Debbie Coccia, Kennedy James Kraft, Jimmy Wigal, Loretta Voghel, Ronald Solomon, Beth Miller, Morie and Angie Pollard, Bernard Swann, Tim Vance, Kevin Hamilton, Marie D'Andrea, Ronald Blank, Dennis Allen Main, Charles Wokutch, James Dixon, Fran Garrity, Gertrude Delitta, Bob Arias, Terry Youman, Travis Schrifft, Phyllis Schaffer, Suzie Gordon, Rebecca Trustee, Joyce Sgro, Guy Aliotta, Kathy Walsh, Brendan Horstman, Lynn Clark, Marion Fallone, Richard Greff, Janette Polon-Ramirez, Ray Kilpatrick, Maggie Heverly, Maureen Florio, Susan McGuffin, Devin Rinaldi, Christina Powell, Anna Schwartz, Sandy Lagasse, Joe Hughes, Maria Soto, Marcella Fahey, David Bartlewski, Cheryl Scerba, Andrew Zepada, David Larkins, Joshua Thomas, Bob Gagne, Karen Catania, Arlene Forman, Rita Williams, Barbara Geschlecht, and Joe Abate.

WHEN YOU OR A LOVED ONE IS IN THE HOSPITAL: Would you like an Extraordinary Minister to bring communion? Would you like a priest to administer the Sacrament of the Anointing of the Sick? Please call the office and let us know.



St. James New Mission/Vision Statement

Go and make disciples/Vayan y hagan discipulos

A community of joyful disciples/Una comunidad de discipulos alegres

Pastoral Staff

Pastor.....Father Oscar Borda, ext. 222
Email.....oborda-rojas@charlestandiocese.org
Medical Emergency Number—when you need a priest:
.....**843-457-4012**
Deacon.....Tim Papa
Executive Assistant.....Paula Loehr, ext. 221
Religious Education Director—Temporary
.....Courtney Frappaolo, ext. 234
Director of Evangelization.....Felipe Castillo, ext. 229
Youth Minister.....Taylor Lilly, ext. 235
Secretary.....Kathy Caughey, ext. 224
Maintenance Director.....Earl Videan, ext. 232
Director of Music.....Gene Borkes
Organists.....Gene Borkes, Bradley Hardee
RCIA.....Sunday, 10:00AM-12:00 Noon
Blood Pressure Screening.....postponed until further notice
Eucharistic Adoration.....Daily in the Chapel
.....Check the schedules for an open hour
Pro-Life.....Lori Videan, 843-503-3607
Ladies Guild.....3rd Monday, 10:00am (Sept.-June)
Knights of Columbus 4th Degree.....4th Monday, 7:00pm
Knights of Columbus.....2nd Wednesday, 7:00pm
Catholic Charities.....1-855-377-1357
Catholic Charities Immigration Attorney.....803-327-7144
524 Charlotte Ave, Rock Hill, SC 29730
Diocesan Office of Child Protection Services..843-853-2130 ext. 209
Diocesan Victim Assistance Minister.....800-921-8122
Safe Environment Coordinator.....Taylor Lilly, ext. 235
To email staff members, use
first initial, last name@stjamesconway.org

Parish Office Hours: Monday - Friday 9:30AM - 3:30PM

Religious Education/Catecismo: Call office

Infant Baptism: The Sacrament is normally celebrated during a weekend Liturgy. Please call the office to register for the preparation process. Courtney Frappaolo, ext. 234.

Marriage: By arrangement at least six months before the proposed wedding. Paula Loehr, ext. 221.

Ministry to the Sick: Call to request visitation. Please let us know when loved ones are in the hospital.

Bulletin Articles: Items of communal interest must be at parish office no later than 9:00am Monday. Kathy Caughey, ext. 224.

New Parishioners: Welcome! There are several ways you can register, on our website, or by stopping by the church office during office hours.

Altar Flowers \$150: Call the office to arrange donations in memory of a loved one, or in honor of a special occasion.

Religious Articles are available for purchase Monday-Friday, 9:30am-3:30pm. Special orders are always welcome. Contact the church office at 843-347-5168.

Columbarium: Available to all registered Catholics of the Diocese. Call the church office for more information.

Tree of Life: This is a great way to remember your loved ones or honor a special occasion. Donations start at \$250. Contact the parish office for details.

Prayer Chain Request: If you have a special need we would like to help you pray. Simply call Shirley at 843-397-2318.